



Elementary Counselor Academy

Workshop#199044

Region One Education Service Center offers expert assistance, information updates and high-quality training to support counselors, social workers, and other school staff members designated to ensure the mental health and wellness of the children in Region One.

DATE	9:00 a.m. - 11:30 p.m.	1:30 p.m. - 3:30 p.m.
October 22, 2021	Mindfulness Part 2	Social Emotional Learning & the Elementary Child
December 3, 2021	Emotional Awareness and Coping Skills	Anger Management
January 21, 2022	Death & Grief	Stress & Anxiety in Students and How to Use SEL to Cope
February 23, 2022	Trust-Based Relational Intervention (TBRI)	Individual Counseling Strategies

Online registration at www.esc1.net/staffdevelopment

Who should attend?

- Guidance and Counseling Directors
- Guidance and Counseling Department Heads
- Campus Administrators
- Counselors
- SPED Department Heads
- Diagnosticians

Registration Fee

\$400 per participant for 8 sessions
or
\$75 for each individual session(s)

Email jmcastillo@esc1.net
for further information



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